

*We Are All Equal!*

*It's Not O.K. to Bully Someone or Leave Them Out.*

*You Can Stand Up Together Against a Bully!*

*Learn to Like Yourself and Others Will Like You Too!*

*Choose Friends and Activities that Make You Happy!*

*Doctors and Nurses Help to Keep Your Body Healthy!*

*Have Your Eyes Checked Regularly by an Optometrist.*

*Construction Areas are Not Playgrounds...Stay Out!*

*Use Caution with Farm Animals, Machinery and Chemicals.*

*Exercise 60 Minutes Every Day!*

*Limit Computer and Electronics Use.*

*Buckle Right – Low and Tight! Back Seat is Best.*

*Don't Text, Talk and Drive.*

*Obey Street Signs.*

*Helmets and Pads Protect Your Body.*

*Good Hygiene Keeps You Healthy!*

*Regular Dental Check-Ups.*

*Pet Health and Safety*

*Plan and Practice for Fires and Emergencies.*

*Electrical Safety*

*Household Chemical Safety*

*Recycle*

*Say NO to Drugs, Alcohol, and Cigarettes*

*Resolve Conflicts with Words, Not Fists or Weapons!*

*Guns and Knives are Not Toys.*

*Following Playground Rules Prevents Injuries!*

*Know and Obey the Rules Near Water. Wear a Life Jacket When Playing Near Rivers.*

*Safety While Home Alone*

*Stranger Danger*

*The Food Pyramid*